

Lymphovascular invasion and tumor size are predictors of sentinel lymph node involvement in clinically node negative breast cancer patient

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Background

- Nodal status in breast cancer patients remains one of the most important prognostic factors.
- Sentinel lymph node (SLN) biopsy is currently considered to be the standard of care in staging the axilla of breast cancer patients.

Background

- Ability to predict SLN or non-SLN involvement may spare many patients unnecessary surgery and its associated morbidity.
- The purpose of this study is to evaluate predictors of sentinel lymph node (SLN) and non-SLN involvement.

Methods

- A retrospective review of all clinically node negative breast cancer patients who underwent SLN biopsy with or without axillary node dissection (ALND) between April 2008 & July 2010 in our tertiary care center.

Methods

- Variables reviewed:
 - Age
 - ER/PR status
 - Tumor Grade
 - HER2 status
 - LVI
 - Size of tumor (T)

Methods

- Patent blue was used in all cases except one.
- ^{99m}Tc -sulfur colloid radiotracer was used in two cases only.
- Retroareolar injection of the blue dye was the most common method of injection.
- SLN was evaluated by intra-op FZ
- Univariate and multivariate analysis was performed using Epi Info software

Patient and Tumor Characteristics

n= 117



Characteristic	# of patients (%)
Mean age	47.4
ER +	88 (75.2%)
PR +	72 (61.5%)
HER2 +	29 (24.8%)
LVI +	28 (25.4%)
Grade	
1	17 (14.5%)
2	59 (50.4%)
3	35 (29.9%)
Unknown	6 (5.1%)
T size	
1	37 (31.6%)
2	61 (52.1%)
3	7 (6.0%)
unknown	12 (10.2%)
Stage	
1	29 (24.8%)
2	63 (53.8%)
3	15 (12.8%)
Unknown	10 (8.5%)

Results

- The SLN was identified in 107 out 117 patients (91.5%).
- The number of sentinel lymph nodes removed ranged from 1-10 nodes with a mean of 2 nodes.
- The SLN was positive in 39 patients (36.4%).
- 37 patients with positive SLN underwent AND with a mean of 15.8 lymph nodes dissected.
- Additional positive nodes were found in 15 patients (14.0% of total patients/40.5% of patients with positive SLN) with a mean of six positive nodes

Univariate analysis of breast cancer variables in predicting SLN metastasis

Variable	OD Ratio (95% CI)	P value
Age	1.00 (0.96-1.04)	0.943
ER/PR +	1.83 (0.70-4.75)	0.216
Grade III	0.45 (0.18-1.13)	0.089
HER2 +	1.05 (0.44-2.54)	0.901
LVI	3.35 (1.37-8.19)	0.0079
T2 & T3	2.65 (1.02-6.91)	0.046
T3	15.78 (1.82-137.12)	0.0124

Multivariate analysis of breast cancer variables in predicting SLN metastasis

Variable	OD Ratio (95% CI)	P value
Age	1.01 (0.96-1.07)	0.6085
ER/PR +	2.28 (0.67-7.72)	0.1843
Grade III	0.33 (0.099-1.086)	0.0680
HER2 +	1.77 (0.58-5.41)	0.3158
LVI	7.60 (2.31-25.03)	0.0008
T2 & T3	3.12 (1.02-9.50)	0.0456

Multivariate analysis of breast cancer variables in predicting SLN metastasis

Variable	OD Ratio (95% CI)	P value
Age	0.999 (0.95-1.05)	0.9911
ER/PR +	2.10 (0.59-7.46)	0.2494
Grade III	0.36 (0.10-1.28)	0.1145
HER2 +	1.91 (0.60-6.10)	0.2754
LVI	11.07 (3.21-38.25)	0.0001
T3	19.62 (1.93-199.52)	0.0119

Conclusion

- Local tumor factors such as LVI and Tumor size (T2 and T3) are significant predictors of SLN involvement.
- Tumor biology (ER/PR/HER status) is not a significant predictor of SLN involvement.
- No predictors of non-SLN involvement were found.

Conclusion

- Most clinically node-negative breast CA patients have either negative SLN or only SLN involvement.
- Future studies to incorporate LVI and tumor size into multiparameter models to predict patients in whom SLN biopsy alone would suffice will be very valuable.

Thank you